

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use **GABLOFEN**® safely and effectively. See full prescribing information for **GABLOFEN**.

### GABLOFEN (baclofen injection)

Initial U.S. Approval: 1992

#### WARNING: DO NOT DISCONTINUE ABRUPTLY

##### *See full prescribing information for complete boxed warning*

Abrupt discontinuation of intrathecal baclofen, regardless of the cause, has resulted in sequelae that include high fever, altered mental status, exaggerated rebound spasticity, and muscle rigidity, that in rare cases has advanced to rhabdomyolysis, multiple organ-system failure and death.

Prevention of abrupt discontinuation of intrathecal baclofen requires careful attention to programming and monitoring of the infusion system, refill scheduling and procedures, and pump alarms. Patients and caregivers should be advised of the importance of keeping scheduled refill visits and should be educated on the early symptoms of baclofen withdrawal. Special attention should be given to patients at apparent risk (e.g. spinal cord injuries at T-6 or above, communication difficulties, history of withdrawal symptoms from oral or intrathecal baclofen). Consult the technical manual of the implantable infusion system for additional post-implant clinician and patient information (5.4)

#### INDICATIONS AND USAGE

- Gablofen is a gamma-aminobutyric acid (GABA) ergic agonist indicated for use in the management of severe spasticity of cerebral or spinal origin in adult and pediatric patients age 4 years and above (1)
- Gablofen should be reserved for patients unresponsive to oral baclofen therapy, or those who experience intolerable central nervous system side effects at effective doses (1)
- Patients should first respond to a screening dose of intrathecal baclofen prior to consideration for long term infusion via an implantable pump (1)
- Spasticity due to traumatic brain injury: wait at least one year after injury before considering Gablofen therapy (1)

#### DO dosage AND ADMINISTRATION

- Gablofen is intended for use by the intrathecal route in single bolus test doses (via spinal catheter or lumbar puncture) and, for chronic use in the Medtronic SynchroMed II® Programmable pump or other pumps labeled for intrathecal administration of Gablofen (baclofen injection); Refer to the pump manufacturer's manual and follow the specific instructions and precautions for programming the pump and/or refilling the reservoir (2.1)

- Screening: Patients who do not respond to a 100 mcg intrathecal bolus should not be considered for an implanted pump for chronic infusion (2.2)

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## FULL PRESCRIBING INFORMATION

#### WARNING: DO NOT DISCONTINUE ABRUPTLY

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Prevention of abrupt discontinuation of intrathecal baclofen requires careful attention to programming and monitoring of the infusion system, refill scheduling and procedures, and pump alarms. Patients and caregivers should be advised of the importance of keeping scheduled refill visits and should be educated on the early symptoms of baclofen withdrawal. Special attention should be given to patients at apparent risk (e.g. spinal cord injuries at T-6 or above,

- Dose Titration:** Be aware that spasticity may be necessary to sustain upright posture and balance in locomotion or may be useful to obtain optimal function and care (2.3)
- Maintenance therapy:** Titrate patients individually; Lowest dose with an optimal response should be used, generally 300 to 800 mcg/day for spasticity of spinal cord origin and 90 to 700 mcg/day for spasticity of cerebral origin; Titrate Gablofen to maintain some degree of muscle tone and allow occasional spasms (2.4)

#### DO dosage FORMS AND STRENGTHS

- Injection: 50 mcg/mL, 500 mcg/mL, and 2,000 mcg/mL (3)

#### CONTRAINDICATIONS

- Hypersensitivity to baclofen (4)
- Do not use Gablofen for intravenous, intramuscular, subcutaneous or epidural administration (4)

#### WARNINGS AND PRECAUTIONS

- Do not directly inject Gablofen into the pump catheter access port, as this may cause a life-threatening overdose (5.1)
- Potentially life-threatening CNS depression, cardiovascular collapse, and/or respiratory failure; Resuscitative equipment and trained staff must be available during screening, dose titration, and refills (5.2)
- Overdose may cause drowsiness, lightheadedness, dizziness, somnolence, respiratory depression, seizures, rostral progression of hypotonia and loss of consciousness progressing to coma (5.3)
- Possible exacerbation of psychotic disorders, schizophrenia or confusional states (5.5)

#### ADVERSE REACTIONS

The most common adverse reactions in patients with spasticity of spinal origin were somnolence, dizziness, nausea, hypotension, headache, convulsions and hypotonia (6.1)

The most common adverse reactions in patients with spasticity of cerebral origin were agitation, constipation, somnolence, leukocytosis, chills, urinary retention and hypotonia (6.2)

To report SUSPECTED ADVERSE REACTIONS, contact **CNS Therapeutics Inc. at 1-877-384-0857 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

#### DRUG INTERACTIONS

- Combined use with morphine: hypotension and dyspnea (7)

#### USE IN SPECIFIC POPULATIONS

- Pregnancy: Based on animal data, may cause fetal harm (8.1)
- Pediatric use: Safety and effectiveness in pediatric patients below the age of 4 years have not been established (8.4)

## See section 17 for PATIENT COUNSELING INFORMATION

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\*Sections or subsections omitted from the full prescribing information are not listed.

communication difficulties, history of withdrawal symptoms from oral or intrathecal baclofen). Consult the technical manual of the implantable infusion system for additional post-implant clinician and patient information [see *Warnings and Precautions* (5.4)].

## 1 INDICATIONS AND USAGE

Gablofen (baclofen injection) is indicated for use in the management of severe spasticity in adult and pediatric patients age 4 years and above. Patients should first respond to a screening dose of intrathecal baclofen prior to consideration for long term infusion via an implantable pump. For spasticity of spinal cord origin, chronic infusion of Gablofen via an implantable pump should be reserved for patients unresponsive to oral baclofen therapy, or those who experience intolerable CNS side effects at effective doses. Patients with spasticity due to traumatic brain injury should wait at least one year after the injury before consideration of long

term intrathecal baclofen therapy. Gablofen is intended for use by the intrathecal route in single bolus test doses (via spinal catheter or lumbar puncture) and, for chronic use, only with the Medtronic SynchroMed® II Programmable Pump or other pumps labeled for intrathecal administration of Gablofen (baclofen injection) [see *Clinical Studies* (14)].

Prior to implantation of a device for chronic intrathecal infusion of Gablofen, patients must show a response to Gablofen in a screening trial [see *Dosage and Administration* (2.2)].

## 2. dosage AND ADMINISTRATION

### 2.1 Use only with Medtronic SynchroMed® II Programmable Pump (or other pumps labeled for intrathecal administration of Gablofen (baclofen injection))

Gablofen is approved only for use with the Medtronic SynchroMed® II Programmable Pump or other pumps labeled for intrathecal administration of Gablofen (baclofen injection). Refer to the manufacturer's manual for specific instructions and precautions for programming the pump and/or refilling the reservoir. It is important to select the appropriate refill kit for the pump used to administer Gablofen. Gablofen is not to be compounded with other medications.

### 2.2 Screening Phase

Prior to pump implantation and initiation of chronic infusion of Gablofen, patients must demonstrate a positive clinical response to a Gablofen bolus dose administered intrathecally in a screening trial. The screening trial employs Gablofen at a concentration of 50 mcg/mL. A 1 mL syringe (50 mcg/mL) is available for use in the screening trial. The screening procedure is as follows: An initial bolus containing 50 micrograms in a volume of 1 milliliter is administered into the intrathecal space by barbotage over a period of not less than one minute. The patient is observed over the ensuing 4 to 8 hours. A positive response consists of a significant decrease in muscle tone and/or frequency and/or severity of spasms. If the initial response is less than desired, a second bolus injection may be administered 24 hours after the first. The second screening bolus dose consists of 75 micrograms in 1.5 milliliters. Again, the patient should be observed for an interval of 4 to 8 hours. If the response is still inadequate, a final bolus screening dose of 100 micrograms in 2 milliliters may be administered 24 hours later.

**Pediatric Patients:** The starting screening dose for pediatric patients is the same as in adult patients, i.e., 50 mcg. However, for very small patients, a screening dose of 25 mcg may be tried first.

*Patients who do not respond to a 100 mcg intrathecal bolus should not be considered candidates for an implanted pump for chronic infusion.*

### 2.3 Dose Titration

**Post-Implant Dose Titration Period:** To determine the initial total daily dose of Gablofen following implant, the screening dose that gave a positive effect should be doubled and administered over a 24-hour period, unless the efficacy of the bolus dose was maintained for more than 8 hours, in which case the starting daily dose should be the screening dose delivered over a 24-hour period. No dose increases should be given in the first 24 hours (i.e., until the steady state is achieved). In most patients, it will be necessary to increase the dose gradually over time to maintain effectiveness; a sudden requirement for substantial dose escalation typically indicates a catheter complication (i.e., catheter kink or dislodgement).

**Adult Patients with Spasticity of Spinal Cord Origin:** After the first 24 hours, for adult patients, the daily dosage should be increased slowly by 10 – 30% increments and only once every 24 hours, until the desired clinical effect is achieved.

**Adult Patients with Spasticity of Cerebral Origin:** After the first 24 hours, the daily dose should be increased slowly by 5 – 15% only once every 24 hours, until the desired clinical effect is achieved.

**Pediatric Patients:** After the first 24 hours, the daily dose should be increased slowly by 5 – 15% only once every 24 hours, until the desired clinical effect is achieved. If there is not a substantive clinical response to increases in the daily dose, check for proper pump function and catheter patency. Patients must be monitored closely in a fully equipped and staffed environment during the screening phase and dose-titration period immediately following implant. Resuscitative equipment should be immediately available for use in case of life-threatening or intolerable side effects.

**Additional considerations pertaining to dosage adjustment:** Careful dose titration of Gablofen is needed when spasticity is necessary to sustain upright posture and balance in locomotion or whenever spasticity is used to obtain optimal function and care. It may be important to titrate the dose to maintain some degree of muscle tone and allow occasional spasms to: 1) help support circulatory function, 2) possibly prevent the formation of deep vein thrombosis, 3) optimize activities of daily living and ease of care.

Except in overdose related emergencies, the dose of Gablofen should ordinarily be reduced slowly if the drug is discontinued for any reason.

An attempt should be made to discontinue concomitant oral antispasticity medication to avoid possible overdose or adverse drug interactions, either prior to screening or following implant and initiation of chronic Gablofen infusion. Reduction and discontinuation of oral anti-spasmodics must be done slowly and with careful monitoring by the physician. Abrupt reduction or discontinuation of concomitant antispastics should be avoided.

**2.4 Maintenance Therapy**  
**Spasticity of Spinal Cord Origin Patients:** The clinical goal is to maintain muscle tone as close to normal as possible, and to minimize the frequency and severity of spasms to the extent possible, without inducing intolerable side effects. Very often, the maintenance dose needs to be adjusted during the first few months of therapy while patients adjust to changes in life style due to the alleviation of spasticity. During periodic refills of the pump, the daily dose may be increased by 10 – 40%, but no more than 40%, to maintain adequate symptom control. The daily dose may be reduced by 10 – 20% if patients experience side effects. Most patients require gradual increases in dose over time to maintain optimal response during chronic therapy. A sudden large requirement for dose escalation suggests a catheter complication (i.e., catheter kink or dislodgement).

Maintenance dosage for long term continuous infusion of intrathecal baclofen has ranged from 12 mcg/day to 2,003 mcg/day, with most patients adequately maintained on 300 micrograms to 800 micrograms per day. There is limited experience with daily doses greater than 1,000 mcg/day. Determination of the optimal Gablofen dose requires individual titration. The lowest dose with an optimal response should be used.

**Spasticity of Cerebral Origin Patients:** The clinical goal is to maintain muscle tone as close to normal as possible and to minimize the frequency and severity of spasms to the extent possible, without inducing intolerable side effects, or to titrate the dose to the desired degree of muscle tone for optimal functions. Very often the maintenance dose needs to be adjusted during the first few months of therapy while patients adjust to changes in life style due to the alleviation of spasticity.

*During periodic refills of the pump, the daily dose may be increased by 5 – 20%, but no more than 20%, to maintain adequate symptom control. The daily dose may be reduced by 10 – 20% if patients experience side effects. Many patients require gradual increases in dose over time to maintain optimal response during chronic therapy. A sudden large requirement for dose escalation suggests a catheter complication (i.e., catheter kink or dislodgement).*

Maintenance dosage for long term continuous infusion of intrathecal baclofen has ranged from 22 mcg/day to 1,400 mcg/day, with most patients adequately maintained on 90 micrograms to 703 micrograms per day. In clinical trials, only 3 of 150 patients required daily doses greater than 1,000 mcg/day.

**Pediatric Patients:** Use same dosing recommendations for patients with spasticity of cerebral origin. Pediatric patients under 12 years seemed to require a lower daily dose in clinical trials. Average daily dose for patients under 12 years was 274 mcg/day, with a range of 24 to 1,199 mcg/day. Dosage requirement for pediatric patients over 12 years does not seem to be different from that of adult patients. Determination of the optimal Gablofen dose requires individual titration. The lowest dose with an optimal response should be used.

**Potential need for dose adjustments in chronic use:** During long term treatment, approximately 5% (28/627) of patients become refractory to increasing doses. There is not sufficient experience to make firm recommendations for tolerance treatment; however, this “tolerance” has been treated on occasion, in hospital, by a “drug holiday” consisting of the gradual reduction of intrathecal baclofen over a 2 to 4 week period and switching to alternative methods of spasticity management. After the “drug holiday,” intrathecal baclofen may be restarted at the initial continuous infusion dose.

### 2.5 Particulate matter and discoloration

Parenteral drug products should be inspected for particulate matter and discoloration prior to administration, whenever solution and container permit.

### 2.6 Preparation Instruction

#### Screening

Use the 1 mL screening syringe only (50 mcg/mL) for bolus injection into the subarachnoid space. For a 50 mcg bolus dose, use 1 mL of the screening syringe. Use 1.5 mL of 50 mcg/mL baclofen injection for a 75 mcg bolus dose. For the maximum screening dose of 100 mcg, use 2 mL of 50 mcg/mL baclofen injection (2 screening syringes).

#### Maintenance

The specific concentration that should be used depends upon the total daily dose required as well as the delivery rate of the pump. For patients who require concentrations other than 500 mcg/mL or 2,000 mcg/mL, Gablofen must be diluted with sterile preservative free Sodium Chloride for Injection, USP.

### 2.7 Delivery Regimen

Intrathecal baclofen is most often administered in a continuous infusion mode immediately following implant. For those patients implanted with programmable pumps who have achieved relatively satisfactory control on continuous infusion, further benefit may be attained using more complex schedules of Gablofen delivery. For example, patients who have increased spasms at night may require a 20% increase in their hourly infusion rate. Changes in flow rate should be programmed to start two hours before the time of desired clinical effect.

## 3. dosage FORMS AND STRENGTHS

Gablofen is a sterile, pyrogen-free, isotonic solution free of antioxidants, preservatives or other potentially neurotoxic additives indicated only for intrathecal administration. The drug is stable in solution at 37° C and compatible with CSF. Each milliliter of Gablofen contains baclofen USP 50 mcg, 500 mcg, or 2,000 mcg and sodium chloride 9 mg in Water for Injection; pH range is 5.5 – 7.5. Each vial or syringe is intended for SINGLE USE ONLY. Discard any unused portion. *DO NOT AUTOCLAVE.*

## 4. CONTRAINDICATIONS

- Hypersensitivity to baclofen.

- Do not use Gablofen for intravenous, intramuscular, subcutaneous or epidural administration.

## 5. WARNINGS AND PRECAUTIONS

**5.1 Risk of life-threatening overdose during pump refills**  
**Use extreme caution when filling the Medtronic SynchroMed® II Programmable pump which is equipped with an injection port that allows direct access to the intrathecal catheter. Direct injection into the catheter through the catheter access port may cause a life-threatening overdose.**

Reservoir refilling must be performed by fully trained and qualified personnel following the directions provided by the pump manufacturer. Carefully calculate refill intervals to prevent depletion of the reservoir, as this would result in the return of severe spasticity and possibly symptoms of withdrawal.

Strict aseptic technique in filling is required to avoid bacterial contamination and serious infection. A period of observation appropriate to the clinical situation should follow each refill or manipulation of the drug reservoir.

## 5.2 Prescriber, caregiver and patient training and screening procedure/post-implantation environment

Gablofen is for use in single bolus intrathecal injections (via a catheter placed in the lumbar intrathecal space or injection by lumbar puncture) and in the implantable Medtronic SynchroMed® II Programmable Pump or other pumps labeled for intrathecal administration of Gablofen (baclofen injection). Because of the possibility of potentially life-threatening CNS depression, cardiovascular collapse, and/or respiratory failure, physicians must be adequately trained and educated in chronic intrathecal infusion therapy.

The pump system should not be implanted until the patient's response to bolus Gablofen injection is adequately evaluated. Evaluation (consisting of a screening procedure) [see *Dosage and Administration* (2.2)] requires that Gablofen be administered into the intrathecal space via a catheter or lumbar puncture. Because of the risks associated with the screening procedure and the adjustment of dosage following pump implantation, these phases must be conducted in a medically supervised and adequately equipped environment following the instructions outlined in the Dosage and Administration section [see *Dosage and Administration* (2.2 and 2.3)].

**Resuscitative equipment should be available.**

Following surgical implantation of the pump, particularly during the initial phases of pump use, the patient should be monitored closely until it is certain that the patient's response to the infusion is acceptable and reasonably stable.

On each occasion that the dosing rate of the pump and/or the concentration of Gablofen in the reservoir is adjusted, close medical monitoring is required until it is certain that the patient's response to the infusion is acceptable and reasonably stable.

It is mandatory that the patient, all patient caregivers, and the physicians responsible for the patient receive adequate information regarding the risks of this mode of treatment. All medical personnel and caregivers should be instructed in 1) the signs and symptoms of overdose, 2) procedures to be followed in the event of overdose and 3) proper home care of the pump and insertion site.

### 5.3 Overdose

Signs of overdose may appear suddenly or insidiously. Acute massive overdose may present as coma. Less sudden and/or less severe forms of overdose may present with signs of drowsiness, lightheadedness, dizziness, somnolence, respiratory depression, seizures, rostral progression of hypotonia and loss of consciousness progressing to coma. Should overdose appear likely, the patient should be taken immediately to a hospital for assessment and emptying of the pump reservoir. In cases reported to date, overdose has generally been related to pump malfunction or dosing error [see *Overdosage* (10)].

Extreme caution must be used when filling the implantable pump.

The Medtronic SynchroMed® II Programmable Pump should only be refilled through the reservoir refill septum. The Medtronic SynchroMed® II Programmable Pump is also equipped with a catheter access port that allows direct access to the intrathecal catheter. Direct injection into this catheter access port may cause a life-threatening overdose.

### 5.4 Withdrawal

Abrupt withdrawal of intrathecal baclofen, regardless of the cause, has resulted in sequelae that included high fever, altered mental status, exaggerated rebound spasticity and muscle rigidity that in rare cases progressed to rhabdomyolysis, multiple organ-system failure, and death. In the first 9 years of post-marketing experience, 27 cases of withdrawal temporally related to the cessation of baclofen therapy were reported: six patients died. In most cases, symptoms of withdrawal appeared within hours to a few days following interruption of baclofen therapy. Common reasons for abrupt interruption of intrathecal baclofen therapy included malfunction of the catheter (especially disconnection), low volume in the pump reservoir, and end of pump battery life; human error may have played a causal or contributing role in some cases. Cases of intrathecal mass at the tip of the implanted catheter leading to withdrawal symptoms have also been reported, most of them involving pharmacy compounded analgesic admixtures [see *Warnings and Precautions* (5.10)].

Prevention of abrupt discontinuation of intrathecal baclofen requires careful attention to programming and monitoring of the infusion system, refill scheduling and procedures, and pump alarms. Patients and caregivers should be advised of the importance of keeping scheduled refill visits and should be educated on the early symptoms of baclofen withdrawal.

All patients receiving intrathecal baclofen therapy are potentially at risk for withdrawal. Early symptoms of baclofen withdrawal may include return of baseline spasticity, pruritus, hypotension, and paresthesias. Some clinical characteristics of the advanced intrathecal baclofen withdrawal syndrome may resemble autonomic dysreflexia, infection (sepsis), malignant hyperthermia, neuroleptic-malignant syndrome, or other conditions associated with a hypermetabolic state or widespread rhabdomyolysis.

Rapid, accurate diagnosis and treatment in an emergency-room or intensive-care setting are important in order to prevent the potentially life-threatening central nervous system and systemic effects of intrathecal baclofen withdrawal. The suggested treatment for intrathecal baclofen withdrawal is the restoration of intrathecal baclofen at or near the same dosage as before therapy was interrupted. However, if restoration of intrathecal delivery is delayed, treatment with GABA-ergic agonist drugs such as oral or enteral baclofen, or oral, enteral, or intravenous benzodiazepines may prevent potentially fatal sequelae. Oral or enteral baclofen alone should not be relied upon to halt the progression of intrathecal baclofen withdrawal.

Seizures have been reported during overdose and with withdrawal from intrathecal baclofen as well as in patients maintained on therapeutic doses of intrathecal baclofen.

### 5.5 Possible exacerbation of psychotic disorders, schizophrenia, or confusional states

Patients suffering from psychotic disorders, schizophrenia, or confusional states should be treated cautiously with Gablofen and kept under careful surveillance, because exacerbations of these conditions have been observed with oral administration.

## 5.6 Fatalities

**Spasticity of Spinal Cord Origin:** There were 16 deaths reported among the 576 U.S. patients treated with intrathecal baclofen in pre- and post-marketing studies evaluated as of December 1992. Because these patients were treated under uncontrolled clinical settings, it is impossible to determine definitively what role, if any, intrathecal baclofen played in their deaths. As a group, the patients who died were relatively young (mean age was 47 with a range from 25 to 63), but the majority suffered from severe spasticity of many years duration, were nonambulatory, had various medical complications such as pneumonia, urinary tract infections, and decubiti, and/or had received multiple concomitant medications. A case-by-case review of the clinical course of the 16 patients who died failed to reveal any unique signs, symptoms, or laboratory results that would suggest that treatment with intrathecal baclofen caused their deaths. Two patients, however, did suffer sudden and unexpected death within 2 weeks of pump implantation and one patient died unexpectedly after screening.

One patient, a 44 year-old male with Multiple Sclerosis, was hospitalized on the second day following pump implantation. An autopsy demonstrated severe fibrosis of the coronary conduction system. A second patient, a 52 year-old woman with MS and a history of an inferior wall myocardial infarction, was found dead in bed 12 days after pump implantation, 2 hours after having had documented normal vital signs. An autopsy revealed pulmonary congestion and bilateral pleural effusions. It is impossible to determine whether intrathecal baclofen contributed to these deaths. The third patient underwent three baclofen screening trials. His medical history included spinal cord injury, aspiration pneumonia, septic shock, disseminated intravascular coagulopathy, severe metabolic acidosis, hepatic toxicity, and status epilepticus. Twelve days after screening (he was not implanted), he again experienced status epilepticus with subsequent significant neurological deterioration. Based upon prior instruction, extraordinary resuscitative measures were not pursued and the patient died.

**Spasticity of Cerebral Origin:** There were three deaths occurring among the 211 patients treated with intrathecal baclofen in pre-marketing studies as of March 1996. These deaths were not attributed to the therapy.

### 5.7 Use with caution in patients with a history of autonomic dysreflexia

Gablofen should be used with caution in patients with a history of autonomic dysreflexia. The presence of nociceptive stimuli or abrupt withdrawal of Gablofen may cause an autonomic dysreflexic episode.

### 5.8 Infections

Patients should be infection-free prior to the screening trial with Gablofen because the presence of a systemic infection may interfere with an assessment of the patient's response to bolus Gablofen. Patients should be infection-free prior to implantation of the pump because the presence of infection may increase the risk of surgical complications. Moreover, a systemic infection may complicate dosing.

### 5.9 Drowsiness

Drowsiness has been reported in patients on intrathecal baclofen. Patients should be cautioned regarding the operation of automobiles or other dangerous machinery, and activities made hazardous by decreased alertness. Patients should also be cautioned that the central nervous system depressant effects of intrathecal baclofen may be additive to those of alcohol and other CNS depressants.

### 5.10 Intrathecal Mass Formation

Cases of intrathecal mass at the tip of the implanted catheter have been reported, most of them involving pharmacy compounded analgesic admixtures. The most frequent symptoms associated with intrathecal mass are: 1) decreased therapeutic response (worsening spasticity, return of spasticity when previously well controlled, withdrawal symptoms, poor response to escalating doses, or frequent or large dosage increases), 2) pain, 3) neurological deficit/dysfunction. Clinicians should monitor patients on intraspinal therapy carefully for any new neurological signs or symptoms. In patients with new neurological signs or symptoms suggestive of an intrathecal mass, consider a neurosurgical consultation, since many of the symptoms of inflammatory mass are not unlike the symptoms experienced by patients with severe spasticity from their disease. In some cases, performance of an imaging procedure may be appropriate to confirm or rule-out the diagnosis of an intrathecal mass.

### 5.11 Ovarian Cysts

A dose-related increase in incidence of ovarian cysts was observed in female rats treated chronically with oral baclofen. Ovarian cysts have been found by palpation in about 4% of the multiple sclerosis patients who were treated with oral baclofen for up to one year. In most cases these cysts disappeared spontaneously while patients continued to receive the drug. Ovarian cysts are estimated to occur spontaneously in approximately 1% to 5% of the normal female population.

## 6. ADVERSE REACTIONS

### 6.1 Spasticity of Spinal Cord Origin:

*Commonly Observed in Patients with Spasticity of Spinal Origin* — In pre- and post-marketing clinical trials, the most commonly observed adverse reactions associated with use of intrathecal baclofen which were not seen at an equivalent incidence among placebo-treated patients were: somnolence, dizziness, nausea, hypotension, headache, convulsions and hypotonia.

*Associated with Discontinuation of Treatment* — 8/474 patients with spasticity of spinal cord origin receiving long term infusion of intrathecal baclofen in pre- and post-marketing clinical studies in the U. S. discontinued treatment due to adverse reactions. These include: pump pocket infections (3), meningitis (2), wound dehiscence (1), gynecological fibroids (1) and pump overpressurization (1) with unknown, if any, sequela. Eleven patients who developed coma secondary to overdose had their treatment temporarily suspended, but all were subsequently re-started and were not, therefore, considered to be true discontinuations.

*Fatalities* [see *Warnings and Precautions* (5.6)].

*Incidence in Controlled Trials* — Experience with intrathecal baclofen obtained in parallel, placebo-controlled, randomized studies provides only a limited basis for estimating the incidence of adverse reactions because the studies were of very brief duration (up to three days of infusion) and involved only a total of 63 patients. The following events occurred among the 31 patients receiving intrathecal baclofen in two randomized, placebo-controlled trials: hypotension (2), dizziness (2), headache (2), dyspnea (1). No adverse reactions were reported among the 32 patients receiving placebo in these studies.

*Events Observed during the Pre- and Post-marketing Evaluation of Intrathecal Baclofen* — Adverse events associated with the use of intrathecal baclofen reflect experience gained with 576 patients followed prospectively in the United States. They received intrathecal baclofen for periods of one day (screening) (N = 576) to over eight years (maintenance) (N = 10). The usual screening bolus dose administered prior to pump implantation in these studies was typically 50 mcg. The maintenance dose ranged from 12 mcg to 2,003 mcg per day. Because of the open, uncontrolled nature of the experience, a causal linkage between events observed and the administration of intrathecal baclofen cannot be reliably assessed in many cases and many of the adverse reactions reported are known to occur in association with the underlying conditions being treated. Nonetheless, many of the more commonly reported reactions — hypotonia, somnolence, dizziness, paresthesia, nausea/vomiting and headache — appear clearly drug-related.

Adverse experiences reported during all U.S. studies (both controlled and uncontrolled) are shown in Table 1. Eight of 474 patients who received chronic infusion via implanted pumps had adverse experiences which led to a discontinuation of long term treatment in the pre- and post-marketing studies.

**Table 1: INCIDENCE OF MOST FREQUENT (≥1%) ADVERSE EVENTS IN PATIENTS WITH SPASTICITY OF SPINAL ORIGIN IN PROSPECTIVELY MONITORED CLINICAL TRIALS**

<b>Adverse Event</b>	<b>Percent N=576 Screening<sup>a</sup></b>	<b>Percent N=474 Titration<sup>b</sup></b>	<b>Percent N=430 Maintenance<sup>c</sup></b>
Hypotonia	5.4	13.5	25.3
Somnolence	5.7	5.9	20.9
Dizziness	1.7	1.9	7.9
Paresthesia	2.4	2.1	6.7
Nausea and Vomiting	1.6	2.3	5.6
Headache	1.6	2.5	5.1
Constipation	0.2	1.5	5.1
Convulsion	0.5	1.3	4.7
Urinary Retention	0.7	1.7	1.9
Dry Mouth	0.2	0.4	3.3
Accidental Injury	0.0	0.2	3.5
Asthenia	0.7	1.3	1.4
Confusion	0.5	0.6	2.3
Death	0.2	0.4	3.0
Pain	0.0	0.6	3.0
Speech Disorder	0.0	0.2	3.5
Hypotension	1.0	0.2	1.9
Amyblopia	0.5	0.2	2.3
Diarrhea	0.0	0.8	2.3
Hypoventilation	0.2	0.8	2.1
Coma	0.0	1.5	0.9
Impotence	0.2	0.4	1.6
Peripheral Edema	0.0	0.0	2.3
Urinary Incontinence	0.0	0.8	1.4
Insomnia	0.0	0.4	1.6
Anxiety	0.2	0.4	0.9
Depression	0.0	0.0	1.6
Dyspnea	0.3	0.0	1.2
Fever	0.5	0.2	0.7
Pneumonia	0.2	0.2	1.2
Urinary Frequency	0.0	0.6	0.9
Urticaria	0.2	0.2	1.2
Anorexia	0.0	0.4	0.9
Diplopia	0.0	0.4	0.9
Dysautonomia	0.2	0.2	0.9
Hallucinations	0.3	0.4	0.5
Hypertension	0.2	0.6	0.5

<sup>a</sup> Following administration of test bolus

<sup>b</sup> Two month period following implant

<sup>c</sup> Beyond two months following implant

N=Total number of patients entering each period

%=% of patients evaluated

In addition to the more common (1% or more) adverse reactions reported in the prospectively followed 576 domestic patients in pre- and post-marketing studies, experience from an additional 194 patients exposed to intrathecal baclofen from foreign studies has been reported. The following adverse reactions, not described in the table, and arranged in decreasing order of frequency, and classified by body system, were reported:

**Nervous System:** Abnormal gait, thinking abnormal, tremor, amnesia, twitching, vasodilatation, cerebrovascular accident, nystagmus, personality disorder, psychotic depression, cerebral ischemia, emotional lability, euphoria, hypertonia, ileus, drug dependence, incoordination, paranoid reaction and ptosis.

**Digestive System:** Flatulence, dysphagia, dyspepsia and gastroenteritis.

**Cardiovascular:** Postural hypotension, bradycardia, palpitations, syncope, arrhythmia ventricular, deep thrombophlebitis, pallor and tachycardia.

**Respiratory:** Respiratory disorder, aspiration pneumonia, hyperventilation, pulmonary embolus and rhinitis.

**Urogenital:** Hematuria and kidney failure.

**Skin and Appendages:** Alopecia and sweating.

**Metabolic and Nutritional Disorders:** Weight loss, albuminuria, dehydration and hyperglycemia.

**Special Senses:** Abnormal vision, abnormality of accommodation, photophobia, taste loss and tinnitus.

**Body as a Whole:** Suicide, lack of drug effect, abdominal pain, hypothermia, neck rigidity, chest pain, chills, face edema, flu syndrome and overdose.

**Hemic and Lymphatic System:** Anemia.

#### 6.2 Spasticity of Cerebral Origin

*Commonly Observed* – In pre-marketing clinical trials, the most commonly observed adverse reactions associated with use of intrathecal baclofen which were not seen at an equivalent incidence among placebo-treated patients included: agitation, constipation, somnolence, leukocytosis, chills, urinary retention and hypotonia.

*Associated with Discontinuation of Treatment* – Nine of 211 patients receiving intrathecal baclofen in pre-marketing clinical studies in the U.S. discontinued long term infusion due to adverse reactions associated with intrathecal therapy.

The nine adverse reactions leading to discontinuation were: infection (3), CSF leaks (2), meningitis (2), drainage (1), and unmanageable trunk control (1).

*Fatalities* – Three deaths, none of which were attributed to intrathecal baclofen, were reported in patients in clinical trials involving patients with spasticity of cerebral origin. See Warnings on other deaths reported in spinal spasticity patients.

*Incidence in Controlled Trials* – Experience with intrathecal baclofen obtained in parallel, placebo-controlled, randomized studies provides only a limited basis for estimating the incidence of adverse reactions because the studies involved a total of 62 patients exposed to a single 50 mcg intrathecal bolus. The following events occurred among the 62 patients receiving intrathecal baclofen in two randomized, placebo-controlled trials involving cerebral palsy and head injury patients, respectively: agitation, constipation, somnolence, leukocytosis, nausea, vomiting, nystagmus, chills, urinary retention, and hypotonia.

*Events Observed during the Pre-marketing Evaluation of Intrathecal Baclofen*– Adverse events associated with the use of intrathecal baclofen reflect experience gained with a total of 211 U. S. patients with spasticity of cerebral origin, of whom 112 were pediatric patients (under age 16 at enrollment). They received intrathecal baclofen for periods of one day (screening) (N= 211) to 84 months (maintenance) (N= 1). The usual screening bolus dose administered prior to pump implantation in these studies was 50 - 75 mcg. The maintenance dose ranged from 22 mcg to 1,400 mcg per day. Doses used in this patient population for long term infusion are generally lower than those required for patients with spasticity of spinal cord origin.

Because of the open, uncontrolled nature of the experience, a causal linkage between events observed and the administration of intrathecal baclofen cannot be reliably assessed in many cases. Nonetheless, many of the more commonly reported reactions — somnolence, dizziness, headache, nausea, hypotension, hypotonia and coma — appear clearly drug-related.

The most frequent (≥1%) adverse reactions reported during all clinical trials are shown in Table 2. Nine patients discontinued long term treatment due to adverse reactions.

**Table 2: INCIDENCE OF MOST FREQUENT (≥ 1%) ADVERSE EVENTS IN PATIENTS WITH SPASTICITY OF CEREBRAL ORIGIN**

<b>Adverse Event</b>	<b>Percent N=211 Screening<sup>a</sup></b>	<b>Percent N=153 Titration<sup>b</sup></b>	<b>Percent N=150 Maintenance<sup>c</sup></b>
Hypotonia	2.4	14.4	34.7
Somnolence	7.6	10.5	18.7
Headache	6.6	7.8	10.7
Nausea and Vomiting	6.6	10.5	4.0
Vomiting	6.2	8.5	4.0
Urinary Retention	0.9	6.5	8.0
Convulsion	0.9	3.3	10.0
Dizziness	2.4	2.6	8.0
Nausea	1.4	3.3	7.3
Hypoventilation	1.4	1.3	4.0
Hypertonia	0.0	0.7	6.0
Paresthesia	1.9	0.7	3.3
Hypotension	1.9	0.7	2.0
Increased Salivation	0.0	2.6	2.7
Back Pain	0.9	0.7	2.0
Constipation	0.5	1.3	2.0
Pain	0.0	0.0	4.0
Pruritus	0.0	0.0	4.0
Diarrhea	0.5	0.7	2.0
Peripheral Edema	0.0	0.0	3.3
Thinking Abnormal	0.5	1.3	0.7
Agitation	0.5	0.0	1.3
Asthenia	0.0	0.0	2.0
Chills	0.5	0.0	1.3
Coma	0.5	0.0	1.3

**Table 2: INCIDENCE OF MOST FREQUENT (≥ 1%) ADVERSE EVENTS IN PATIENTS WITH SPASTICITY OF CEREBRAL ORIGIN *continued***

<b>Adverse Event</b>	<b>Percent N=211 Screening<sup>a</sup></b>	<b>Percent N=153 Titration<sup>b</sup></b>	<b>Percent N=150 Maintenance<sup>c</sup></b>
Dry Mouth	0.5	0.0	1.3
Pneumonia	0.0	0.0	2.0
Speech Disorder	0.5	0.7	0.7
Tremor	0.5	0.0	1.3
Urinary Incontinence	0.0	0.0	2.0
Urination Impaired	0.0	0.0	2.0

<sup>a</sup> Following administration of test bolus

<sup>b</sup> Two month period following implant

<sup>c</sup> Beyond two months following implant

N=Total number of patients *entering* each period. 211 patients received drug; (1 of 212) received placebo only

The more common (1% or more) adverse reactions reported in the prospectively followed 211 patients exposed to intrathecal baclofen have been reported. In the total cohort, the following adverse reactions, not described in Table 2, and arranged in decreasing order of frequency, and classified by body system, were reported:

**Nervous System:** Akathisia, ataxia, confusion, depression, opisthotonos, amnesia, anxiety, hallucinations, hysteria, insomnia, nystagmus, personality disorder, reflexes decreased, and vasodilatation.

**Digestive System:** Dysphagia, fecal incontinence, gastrointestinal hemorrhage and tongue disorder.

**Cardiovascular:** Bradycardia.

**Respiratory:** Apnea, dyspnea and oliguria.

**Urogenital:** Abnormal ejaculation, kidney calculus, oliguria and vaginitis.

**Skin and Appendages:** Rash, sweating, alopecia, contact dermatitis and skin ulcer.

**Special Senses:** Abnormality of accommodation.

**Body as a Whole:** Death, fever, abdominal pain, carcinoma, malaise and hypothermia.

**Hemic and Lymphatic System:** Leukocytosis and petechial rash.

#### 7. DRUG INTERACTIONS

There is inadequate systematic experience with the use of intrathecal baclofen in combination with other medications to predict specific drug-drug interactions. Interactions attributed to the combined use of intrathecal baclofen and epidural morphine include hypotension and dyspnea.

#### 8. USE IN SPECIFIC POPULATIONS

##### 8.1 Pregnancy

*PREGNANCY CATEGORY C:*

There are no adequate and well-controlled studies in pregnant women. Gablofen should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Baclofen given orally has been shown to increase the incidence of omphaloceles (ventral hernias) in fetuses of rats given approximately 13 times on a mg/kg basis, or 3 times on a mg/m<sup>2</sup> basis, the maximum oral dose recommended for human use; this dose also caused reductions in food intake and weight gain in the dams. This abnormality was not seen in mice or rabbits.

##### 8.2 Labor and Delivery

The effect of baclofen on labor and delivery is unknown.

##### 8.3 Nursing Mothers

At therapeutic oral doses, baclofen is excreted in human milk. It is not known whether detectable levels of drug are present in milk of nursing mothers receiving Gablofen. Because of the potential for serious adverse reactions in nursing infants from Gablofen, a decision should be made whether to discontinue nursing or discontinue the drug, taking into account the importance of the drug to the mother.

##### 8.4 Pediatric Use

Children should be of sufficient body mass to accommodate the implantable pump for chronic infusion. Please consult pump manufacturer’s manual for specific recommendations.

Safety and effectiveness in pediatric patients below the age of 4 have not been established.

#### 10. OVERDOSAGE

**Special attention must be given to recognizing the signs and symptoms of overdose, especially during the initial screening and dose-titration phase of treatment, but also during re-introduction of Gablofen after a period of interruption in therapy.**

**Symptoms of intrathecal baclofen Overdose:** Drowsiness, lightheadedness, dizziness, somnolence, respiratory depression, seizures, rostral progression of hypotonia and loss of consciousness progressing to coma of up to 72 hours duration. In most cases reported, coma was reversible without sequelae after drug was discontinued. Symptoms of intrathecal baclofen overdose were reported in a sensitive adult patient after receiving a 25 mcg intrathecal bolus.

**Treatment Suggestions for Overdose:**

There is no specific antidote for treating overdoses of Gablofen; however, the following steps should ordinarily be undertaken:

- Residual intrathecal baclofen solution should be removed from the pump as soon as possible.
- Patients with respiratory depression should be intubated if necessary, until the drug is eliminated.

Anecdotal reports suggest that intravenous physostigmine may reverse central side effects, notably drowsiness and respiratory depression. Caution in administering physostigmine is advised, however, because its use has been associated with the induction of seizures and bradycardia.

**Physostigmine Doses for Adult Patients:** Administer 2 mg of physostigmine intramuscularly or intravenously at a slow controlled rate of no more than 1 mg per minute. Dosage may be repeated if life-threatening signs, such as arrhythmia, convulsions or coma occur.

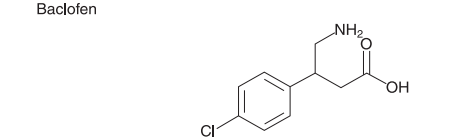
**Physostigmine Doses for Pediatric Patients:** Administer 0.02 mg/kg physostigmine intramuscularly or intravenously, do not give more than 0.5 mg per minute. The dosage may be repeated at 5 to 10 minute intervals until a therapeutic effect is obtained or a maximum dose of 2 mg is attained.

Physostigmine may not be effective in reversing large overdoses and patients may need to be maintained with respiratory support.

If lumbar puncture is not contraindicated, consideration should be given to withdrawing 30 – 40 mL of CSF to reduce CSF baclofen concentration.

#### 11. DESCRIPTION

Gablofen (baclofen injection) is a muscle relaxant and antispastic. Baclofen’s pharmacological class is a gamma-aminobutyric acid (GABA) ergic agonist. Baclofen’s chemical name is 4-amino- 3-(4-chlorophenyl) butanoic acid, and its structural formula is:



Baclofen is a white to off-white, odorless or practically odorless crystalline powder, with a molecular weight of 213.66. It is slightly soluble in water, very slightly soluble in methanol, and insoluble in chloroform.

#### 12 CLINICAL PHARMACOLOGY

##### 12.1 Mechanism of Action

The precise mechanism of action of baclofen as a muscle relaxant and antispasticity agent is not fully understood. Baclofen inhibits both monosynaptic and polysynaptic reflexes at the spinal level, possibly by decreasing excitatory neurotransmitter release from primary afferent terminals, although actions at supraspinal sites may also occur and contribute to its clinical effect. Baclofen is a structural analog of the inhibitory neurotransmitter gamma-aminobutyric acid (GABA), and may exert its effects by stimulation of the GABA<sub>B</sub> receptor subtype.

Baclofen when introduced directly into the intrathecal space permits effective CSF concentrations to be achieved with resultant plasma concentrations 100 times less than those occurring with oral administration. In people, as well as in animals, baclofen has been shown to have general CNS depressant properties as indicated by the production of sedation with tolerance, somnolence, ataxia, and respiratory and cardiovascular depression.

#### 12.2 Pharmacodynamics

##### Pharmacodynamics of Intrathecal Baclofen:

**Intrathecal Bolus:**

**Adult Patients:** The onset of action is generally one-half hour to one hour after an intrathecal bolus. Peak spasmolytic effect is seen at approximately four hours after dosing and effects may last four to eight hours. Onset, peak response, and duration of action may vary with individual patients depending on the dose and severity of symptoms.

**Pediatric Patients:** The onset, peak response and duration of action is similar to those seen in adult patients.

##### Continuous Infusion:

**Adult Patients:** Intrathecal baclofen’s antispastic action is first seen at 6 to 8 hours after initiation of continuous infusion. Maximum activity is observed in 24 to 48 hours.

**Pediatric Patients:** No additional information on continuous infusions is available for pediatric patients.

##### 12.3 Pharmacokinetics

The pharmacokinetics of cerebrospinal fluid (CSF) clearance of intrathecal baclofen calculated from intrathecal bolus or continuous infusion studies approximates CSF turnover, suggesting elimination is by bulk-flow removal of CSF.

**Intrathecal Bolus:** After a bolus lumbar injection of 50 or 100 mcg intrathecal baclofen in seven patients, the average CSF elimination half-life was 1.51 hours over the first four hours and the average CSF clearance was approximately 30 mL/hour.

**Continuous Infusion:** The mean CSF clearance for intrathecal baclofen was approximately 30 mL/hour in a study involving ten patients on continuous intrathecal infusion. Concurrent plasma concentrations of baclofen during intrathecal administration are expected to be low (0 – 5 ng/mL). Limited pharmacokinetic data suggest that a lumbar-cisternal concentration gradient of about 4:1 is established along the neuroaxis during baclofen infusion. This is based upon simultaneous CSF sampling via cisternal and lumbar tap in 5 patients receiving continuous baclofen infusion at the lumbar level at doses associated with therapeutic efficacy; the interpatient variability was great. The gradient was not altered by position. Six pediatric patients (age 8 – 18 years) receiving continuous intrathecal baclofen infusion at doses of 77 – 400 mcg/day had plasma baclofen levels near or below 10 ng/mL.

#### 13 NONCLINICAL TOXICOLOGY

##### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

No increase in tumors was seen in rats receiving baclofen orally for two years at approximately 30 – 60 times on a mg/kg basis, or 10 – 20 times on a mg/m<sup>2</sup> basis, the maximum oral dose recommended for human use. Mutagenicity assays with baclofen have not been performed.

#### 14 CLINICAL STUDIES

**Spasticity of Spinal Cord Origin:** Evidence supporting the efficacy of intrathecal baclofen was obtained in randomized, controlled investigations that compared the effects of either a single intrathecal dose or a three day intrathecal infusion of intrathecal baclofen to placebo in patients with severe spasticity and spasms due to either spinal cord trauma or multiple sclerosis. Intrathecal baclofen was superior to placebo on both principal outcome measures employed: change from baseline in the Ashworth rating of spasticity and the frequency of spasms.

**Spasticity of Cerebral Origin:** The efficacy of intrathecal baclofen was investigated in three controlled clinical trials; two enrolled patients with cerebral palsy and one enrolled patients with spasticity due to previous brain injury. The first study, a randomized controlled cross-over trial of

51 patients with cerebral palsy, provided strong, statistically significant results; intrathecal baclofen was superior to placebo in reducing spasticity as measured by the Ashworth Scale. A second cross-over study was conducted in 11 patients with spasticity arising from brain injury. Despite the small sample size, the study yielded a nearly significant test statistic (p=0.066) and provided directionally favorable results. The last study, however, did not provide data that could be reliably analyzed.

#### 16 HOW SUPPLIED/STORAGE AND HANDLING

**Gablofen (baclofen injection)** is available in a single use syringe of 1 mL containing 50 mcg (50 mcg/mL) and in single use vials of 10,000 mcg per 20 mL (500 mcg/mL), and 40,000 mcg per 20 mL (2,000 mcg/mL) for intrathecal administration only.

**50 mcg per mL**

NDC 45945-151-01: 1 mL Syringe – 50 mcg per 1 mL

**500 mcg per mL**

NDC 45945-155-02: 20 mL Vial – 10,000 mcg per 20 mL

**2,000 mcg per mL**

NDC 45945-157-02: 20 mL Vial – 40,000 mcg per 20 mL

Does not require refrigeration.

Do not store above 86°F (30°C).

Do not freeze.

Do not heat sterilize.

#### 17 PATIENT COUNSELING INFORMATION

##### 17.1 Risks Related To Sudden Withdrawal Of Gablofen

Advise patients and caregivers that sudden withdrawal of Gablofen, regardless of the cause, can result in serious complications that include high fever, confusion, muscle stiffness, multiple organ-system failure, and death. Inform patients that early symptoms of Gablofen withdrawal may include increased spasticity, itching, and tingling of extremities. If Gablofen withdrawal or a pump malfunction is suspected, patients should be brought immediately to a hospital for assessment and treatment.

Inform patients and caregivers that sudden withdrawal occurs most frequently due to a delivery problem with the catheter or the pump, or failure to refill the pump on schedule. Advise patients and their caregivers to pay careful attention to infusion system alarms. Instruct patients and caregivers that if they miss their scheduled pump refill, they should immediately contact their physician to reschedule the refill before the pump runs out of drug.

##### 17.2 Gablofen Overdose

Inform patients and their caregivers that Gablofen overdose may occur suddenly or insidiously, and that symptoms may include confusion, drowsiness, lightheadedness, dizziness, slow or shallow breathing, seizures, loss of muscle tone, loss of consciousness, and coma. If an overdose appears likely, patients should be brought immediately to a hospital for assessment and possible emptying of the pump.

##### 17.3 Operation Of Automobiles And Other Dangerous Machinery

Advise patients that Gablofen may cause drowsiness, and that they should exercise caution regarding the operation of automobiles or other dangerous machinery, or activities made hazardous by decreased alertness.

##### 17.4 Increased Risk of Drowsiness with Alcohol and Other CNS Depressants

Inform patients and their caregivers that the drowsiness associated with Gablofen use can be worsened by alcohol and other CNS depressants. Advise patients to read all medicine labels carefully, and to tell their physician about all prescription and nonprescription drugs they may use.

Manufactured by:

CANGENE bioPharma, Inc.  
1111 S. Paca Street  
Baltimore, MD 21230-2591 USA

Manufactured for:

**CNS THERAPEUTICS**